

St. Therese Adult Study Series
The Book Psalms with Father Andrie

Reflection Questions for Chapter 7

For the next session on October 27th, please read Chapter 7-Book II of Psalms pages 71-92 in *Psalm Basics for Catholics* book. Begin with this or another prayer of your choice: *"Lord Jesus, during this time of harvest, how shall I labor for You? Amidst autumn's panorama, how can I glorify You? As dusk comes earlier, how will I seek Your light? As fall turns to winter, how might I change, too? Amen."*

<https://www.heartofthenation.org/daily-prayers> Your reflections will be shared **October 27th** in your small group. Your group may not get to all the questions. Allow the Holy Spirit to guide you to those questions most important for your group.

PLEASE NOTE: October 20th Deacon Machalek will be here for both sessions teaching us about the Liturgy of the Hours.

Book II opens with two psalms hoping for the future return to the temple in Zion. The last psalm in this book represents the Messianic kingdom.

1. Pg. 72-73 Read Psalm 50:7-15. Explain why we "shouldn't try to "bribe" God with offerings but rather thank God enthusiastically for his salvation."

2. Pg. 78 Read Psalm 46. List the many ways that God is the true refuge of His people.

3. Pg. 84-85 Psalm 51 is a famous confession or penitential psalm. It is not only prayed in the Liturgy of the Hours and on Friday's during Lauds, but also is part of Ash Wednesday and frequently on Sundays in Lent. What parts of Psalm 51 speak to you? Why?

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4. Page 87 continues the discussion of Psalm 51, emphasizing that external rituals can be empty “unless they are performed from the heart.” How could this idea relate to Sunday’s Gospel about the wedding feast and the guest who was not properly dressed?

What else stood out for you in this chapter?



HAVE MERCY ON ME, O GOD,
ACCORDING TO YOUR GREAT COMPASSION
BLOT OUT MY TRANSGRESSIONS.
WASH AWAY ALL MY INIQUITY AND
CLEANSE ME FROM SIN.

Psalm 51:1-2



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For your personal application

What part of Psalm 51 will you take to prayer this week?